Extension Food and Nutrition Education Program

(EFNEP)

1969-2019

50th Anniversary

EFNEP is a part of the Pima County Cooperative Extension team. “Taking the University to the People” as part of the Land Grant outreach programs of the University of Arizona.

This Nutrition, Physical Activity and Food Safety program provides limited-resource individuals, families, and communities with the knowledge and skills that empower them to make informed choices about food and other lifestyle issues that support their physical health and economic and social well-being.